



The Academy of Art, Creativity and Consciousness offers an in-depth training in Transformative Arts. Our pioneering program cultivates the unique capacity of the Arts to awaken, uplift and transform consciousness.

OUR APPROACH

The Transformative Arts Method™ uses multiple artistic and creative modalities to engage the full spectrum of human intelligence and ways of knowing. Richly informative and inspirational content is brought to life through experiential immersion in the studio.

Our method awakens intuitive soul wisdom, ignites our creative capacities and inspires their full expression. Spirit Inspired and Soul Centered, we draw wisdom from the universal teachings found within all spiritual traditions. Conjoining frontier discoveries in science and psychology with enduring perennial wisdom, our curriculum engages the multi-dimensional nature of human beings, inclusive of body, mind, heart, soul & spirit.

THE PROGRAM

The Certification Program is comprised of **TWO LEVELS**; a foundation and a teacher training. The 2024 curriculum runs June 1st -July 31st.

1 The foundation level is called **INNER JOURNEY**. It stands alone as a lovingly guided personal voyage of healing, self-discovery and self-expression. The Inner Journey provides deep structure support for profound inner exploration and guides you to expanded states of freedom and unconditional joy.

2 The **TEACHER TRAINING** is a closely mentored training in the Transformative Arts Method™. You will learn how to spark and guide creative process and how to midwife the transformative process in others. Students are trained to lead workshops and to facilitate group process in a variety of settings.

Prerequisite: The **INNER JOURNEY** foundation is a prerequisite for the **TEACHER TRAINING**, providing a vivid experience of the transformative power of this work.

THE CURRICULUM

1

The **INNER JOURNEY** nurtures self-discovery, healing and spiritual growth. A variety of courses expose students to the many modalities of the arts (painting, sculpture, music, dance, theater, etc.) and to the principles of art, creativity and consciousness.

Course Requirements:

- Painting from the Heart and Soul
- Free Your Creative Spirit
- Spirit, Art & Nature
- Healing Journey
- Personal Quest Final Project
- Two Private sessions

2

The Transformative Arts **TEACHER TRAINING** prepares you to facilitate the Transformative Arts Method™. Students learn to facilitate groups, to serve as a 'creativity coach' and to integrate Intuitive Creative Process into their professional practices. This in-depth training is game-changing for careers in teaching, healing arts, counseling, life coaching, organizational development, spiritual leadership and creative professions.

Course Requirements:

- Centering: Mandala, Yantra, and Labyrinth
- Graduate Teaching Seminar
- Choice of Focus: 5-day elective course onsite or online
- Apprenticeship as a Course Assistant
- Student Teaching
- Final Teaching Project
- Two Private sessions

CHOICE of FOCUS: Our training is tailored to you. How will YOU use the training you receive? We work together to clarify your path and thus guide your training to best prepare you for the fulfillment of your unique work in the world. Focus courses allow you to individualize your program choosing from elective courses in science, art and spirit, dance & movement, vibrational healing, community building through the arts, art as spiritual practice, etc. Studies through affiliate schools may also be approved.

Our **TEACHER TRAINING** program is unique in offering extensive mentoring of the facilitation process. We use the model of midwifery, understanding the work to be one of knowledge but also cultivated wisdom and subtle attunement. Students are also supported after completion of the certificate, and are welcomed into a community of graduates.

Students assist in courses onsite and online. Student teaching allows you to practice facilitation within a safe and supportive environment. You'll receive support and feedback as you refine your capacities. Some students engage the apprenticeship portion longer than others as it is based on individual needs. The director and the student together decide when the apprenticeship feels complete.

The Graduate Teaching Seminar provides principles and practices that create a safe, nurturing space and enable skillful guidance of a powerful transformative creative process.

Private Sessions offer the opportunity to receive support and guidance in your own transformative process.

The Final Teaching Project represents the culmination of the apprenticeship process. You will learn to plan, market and offer your own course. You will receive tangible support, guidance and refinement in developing your own unique style.

PROGRAM PRICING

JUNE 1-JULY 31 **FULL CERTIFICATION \$7000**

Includes full tuition and supplies for 8 weeks of onsite training plus supplemental online training. Tuition includes all courses (*both online and onsite*), onsite art materials and studio fees, administrative costs, field trips and close mentoring (*during the 8 weeks and throughout the first year*).

Upon graduation you are granted permission to teach the TRANSFORMATIVE ARTS METHOD. Graduates are invited to participate in an ongoing support network and are listed on the Academy site as a Transformative Arts Facilitator.

INNER JOURNEY and TEACHER TRAINING

These can be taken separately. Both are required for certification.

JUNE 1-JULY 10

Level one INNER JOURNEY

\$3500

Includes all course fees, onsite art materials, studio fees, field trips and personal mentoring.

JULY 10-JULY 31

Level two TEACHER TRAINING

\$3500

This is the second half of the full certification. Tuition includes all from above plus extensive mentoring and training thru May 2025.

**Once accepted into the program we can help you with arrangements for room and board.*



THE SETTING

A Life Changing Experience in the Heart of Italy

Our spacious sky lit gallery and inspiring art studio opens out to panoramic views of the glorious Umbrian hills. The Academy of Art, Creativity and Consciousness is a jewel in the land of beauty- *Bella Italia!* Experience *la dolce vita*- the heart opening 'sweet life' found in Italy! Enjoy world renown treasures of art antiquity, nature, culture and spirituality. Our Center is across the street from *Ananda Europa*- one of Europe's foremost Yoga and Meditation retreat centers and 20 minutes from Assisi (*birthplace of St. Francis of Assisi and International City of Peace*).



THE COHORT

This is an intimate, personalized, in-depth and intensive training **limited to a small cohort of 12 students**. We are application based, please apply early.

NEXT STEPS

If you are interested in the program the next step is to schedule a zoom meeting to meet with our director and learn more in depth about we offer. Please email info@awakeningartsacademy.com

CONTACT

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“The Transformative Arts program is the deepest, most profound work I've ever experienced. Discovering your own Self, recovering your own Being and healing your heart—all this while in a joyful state of childlike creative flow. Dana holds a space that makes it safe and easy for every one of us to blossom.”

– Certification Student